



Code of Conduct

PBC Ireland is a supportive, inclusive, and respectful community for people living with Primary Biliary Cholangitis (PBC), their families, caregivers, and advocates. To ensure a positive environment for all, we ask that members agree to the following Code of Conduct:

1. Respect and Compassion

- Treat all members with empathy, kindness, and dignity.
- Recognize that each person's experience with PBC is unique.
- Respect differences in background, beliefs, and perspectives.

2. Privacy and Confidentiality

- Do not share personal stories, medical information, or identities of members outside the group without explicit consent.
- Respect the confidentiality of discussions held within private forums, meetings, and online spaces.

3. Constructive and Supportive Communication

- Share information with care and in a supportive tone.
- Avoid language that is judgmental, dismissive, or inflammatory.
- Refrain from giving unsolicited medical advice; always encourage consultation with qualified healthcare professionals.

4. Safety and Inclusivity

- We do not tolerate harassment, bullying, discrimination, or hate speech in any form.
- Be mindful of how your words and actions affect others.
- Alert moderators or group facilitators if you witness or experience inappropriate behaviour.

5. Shared Purpose

- Keep discussions focused on support, education, awareness, and advocacy related to PBC.
- Help create a safe space where everyone feels heard, understood, and encouraged.

6. At any PBC Ireland event, you agree to:

PBC Ireland is committed to providing a welcoming, respectful, and safe environment at all our events. To help ensure a positive experience for everyone, all attendees are expected to agree to:

- Respect others' boundaries and honour any requests for confidentiality.
- Be considerate of those around you and help maintain a calm, supportive atmosphere.
- Speak up if you see someone who appears distressed or needs assistance. Let a PBC Ireland organiser know.
- Follow the rules of the venue or online platform where the event is being held.

The following behaviours are not acceptable at any PBC Ireland event:

- Aggression, harassment, or discrimination of any kind
- Threatening, disruptive, or deliberately intimidating behaviour



- Sexual harassment, including unwelcome comments or gestures
- Verbal or physical abuse
- Use of offensive, explicit, or discriminatory language, images, or materials

Anyone who violates this Code of Conduct may be asked to leave the event. If you feel uncomfortable or witness inappropriate behaviour, please contact a PBC Ireland organiser immediately. Together, we can ensure that all members feel safe, respected, and supported.

By participating in PBC Ireland activities, whether in-person or online, you agree to uphold this Code of Conduct and contribute to a respectful, informed, and compassionate community.

For questions or concerns about this Code of Conduct, or to report a violation, please contact us via info@PBCireland.org.